

## SPA TREATMENTS MENU

### **Signature Top-to-toe indulgence package**

The perfect all over relaxation, this treatment includes a back massage, facial, foot massage, hand and arm massage and scalp massage all tailored to your individual needs using customised oils and products  
£85 for 1 hour 45 mins

### **Massage Therapy**

Using a combination of Relaxation, Swedish and Deep Tissue Massage techniques, your therapist will tailor your treatment to your individual needs following a thorough consultation. Take a deep breath and inhale the warm, pre-blended essential oils as they are applied. Throughout your massage, your tissues will be manipulated to relieve and soothe tired, aching muscles, helping to calm your mind'  
£50 for 1 hour | £40 for 45mins | £30 for 1/2 hour | £73 for 1 hour 30

### **Aroma Wax Candle Massage**

This is the ultimate massage treat! Indulge in pure luxury with this deeply relaxing massage using an Eve Taylor Aroma Massage Candle. Infused with 100% natural essential oils and sustainable plant wax designed to nourish the skin and awaken your senses as the most beautiful fragrances also fill the room.  
£75 for 1 hour 30 mins

### **Indian Head Massage**

This traditional massage works on the head, neck and shoulders creating a sense of calmness and tranquility and can also help improve concentration and alertness and so is an excellent form of stress management.  
£32 for 30 mins | £45 for 45 mins

### **Reflexology Foot Massage**

Reflexology is a treatment to the whole body through the feet, aiming to restore and balance the body by working on different reflex areas.  
£45 for 45mins

### **Full Body exfoliation**

A full body exfoliation including moisturisation, why not combine with a massage for full luxury.  
45 mins £45

### **Essential Prescriptive Facial (45 minutes) £45.00**

A prescriptive facial tailored to your current skin condition to achieve the best skin possible. Aromatherapy products are selected to deeply cleanse, gently exfoliate and prepare the skin ready to absorb aromatic massage oils and luxurious facial masques. Skin is left replenished, hydrated and protected.

### **Intensive Prescriptive Facial (75 minutes) £65.00**

Taking skin care one step further this treatment uses intensive exfoliants to resurface the skin leaving it smooth and soft. Using potent aromatic essential oil blends, powerful targeted serums and specialty masques customised to achieve intensive results, this treatment will leave your skin glowing.

### **Age Resist Facial (60 minutes) £55.00**

The age resist facial refines and resurfaces prematurely ageing skin to reveal a smooth, soft complexion. Potent antioxidants defend and protect against environmental aggressors whilst stimulating fresh new healthy tissue. Skin is left looking radiant and beautiful regardless of age.

### **Target+ Ultrasonic facials (30 Minutes) £35.00 each**

Target+ Decongest (for congested oily skin)

Target+ Glow (for dull lackluster skin)

Target+ Quench (for dehydrated moisture depleted skin)

Target+ Resurface (for skin requiring intensive exfoliation)

Target+ Soothe (for irritated sensitive skin)

Eye Contour Masque +£6.00 Lip Contour Masque +£6.00

Eye and Lip Contour Masques +£10.00

### **Luxury Manicure £40**

Using Eve Taylor Body and Spa products to cleanse, nourish and revitalise your hands. Includes cuticle work, nail shape and Morgan Taylor polish.

Gel Polish +£10 Hand Rescue paraffin wax mask +£10

### **Luxury Pedicure £45**

Using Eve Taylor Body and Spa products to cleanse, nourish and revitalise your feet. Includes hard skin removal, cuticle work, nail tidy and Morgan Taylor polish.

Gel Polish +£10 Foot Rescue paraffin wax mask +£12

**Please book through Hazel on 07789517316**